STAY SMART. DO YOUR PART.

Are you planning a trip in the U.S. Or U.S. Territory?

Discover How to
Travel Safely

People who are fully vaccinated with a COVID-19 vaccine authorized for emergency use can travel safely within the United States and U.S. territories. If you are fully vaccinated, take the following steps to protect yourself and others if you travel:

- Fully vaccinated travelers should still follow these guidelines:
    - Wear a mask over your nose and mouth.
    - Stay six feet from others and avoid crowds.
    - Wash your hands often or use hand sanitizer.

- After travel, self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.

- Follow all state and local recommendations or requirements. Check with the CDC for travel recommendations by destination.

The Centers for Disease Control and Prevention (CDC) recommends delaying travel until you are fully vaccinated because travel increases your chance of getting and spreading COVID-19. This guidance applies to travel within the United States and U.S. territories.

Traveling Recommendations for
Unvaccinated People

Before you travel:

Get tested with a viral test 1-3 days before your trip.

While you are traveling:

- Wear a mask over your nose and mouth. Masks are required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.

- Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.

- Wash your hands often or use hand sanitizer (with at least 60% alcohol).

After you travel:

Get tested with a viral test 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.

- Even if you test negative, stay home and self-quarantine for the full 7 days.

- If your test is positive, isolate yourself to protect others from getting infected.

- If you don't get tested, stay home and self-quarantine for 10 days after travel.

- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.

- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.

- Follow all state and local recommendations or requirements. Check with the CDC for travel recommendations by destination.

Know Your
Travel Risk

COVID-19 is mainly spread through close contact with another person. The type of transportation you use, accommodation you stay in, and the activities you do during travel can increase your risk of getting and spreading COVID-19. The Centers for Disease Control and Prevention (CDC) recommends delaying travel until you can get fully vaccinated. Even if you are fully vaccinated, choose safer travel options to protect yourself, your loved ones, and others from COVID-19.

Transportation:

Safer

· Short road trips with members of your household or fully vaccinated people with few stops along the way

· If you must fly, try to take flights with the fewest stops or layovers

Less Safe

· Longer trips by car or RV with many stops along the way

· Trips by car or RV with people who are not vaccinated or not from your household

· Flights with layovers

Avoid

· Long-distance train or bus trips

· Traveling on a cruise ship or river boat

Accommodations:

Safer

· Staying in a house, cabin, or vacation rental with people from your household or fully vaccinated people

· Visiting a fully vaccinated family member's or friend's home

Less Safe

· Hotels or multi-unit guest lodgings with common areas

· Visiting an unvaccinated family member's or friend's home

· Renting or staying in a house, cabin, or vacation rental with people that are not vaccinated or not from your household

Avoid

· Sharing spaces with many people or sharing bathroom facilities, such as a dormitory-style hostel

Food:

Safer

· Bringing your own food and drinks

· Getting takeout

· Using drive-thru, delivery, or curbside pickup options and wearing a mask when interacting with restaurant employees

Less Safe

· Eating outside at a restaurant where social distancing is possible and servers and other staff wear masks

· Eating inside at a restaurant that is well ventilated, where social distancing is possible, servers and other restaurant staff wear masks, and diners wear masks when not actively eating or drinking

Avoid

· Eating inside restaurants that are poorly ventilated, where social distancing is not possible, servers and staff do not wear masks, and diners do not wear masks when not actively eating or drinking

· Self-service options that require extensive touching of surfaces, such as buffets

Travel Recommendations For Traveling Within the U.S.	Not Vaccinated	Vaccinated
Get tested 1–3 days before travel	X	
Get tested 3–5 days after travel and self-quarantine for 7 days. Self-quarantine for 10 days if you DO NOT get tested.	X	
Self-monitor symptoms	X	X
Wear a mask and take other precautions during travel	X	X